

THE ASAA INITIATIVES

Alberta Milk Every Moment Scholarship
ASAA Pay It Forward Scholarship

STUDENT LEADERSHIP WORKSHOP

The !MPACT Leadership Workshop are for high school student sports leaders and advisors and will address the topics of leadership, teamwork, sportsmanship, respect, and positive values.

ASAA PUBLICATIONS

Quarterly Newsletters

Digital Yearbook

BE SOCIALLY ACTIVE

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WHO IS THE ASAA?

The Alberta Schools' Athletic Association is a voluntary, non-profit organization that was established in 1956 to coordinate a program of worthwhile athletic activities for young people of Alberta in an educational setting. Therefore, any athletics your child participates in that are linked to an Alberta high school is governed by this organization.

- ASAA Bylaws and Policies are intended to provide direction in the areas of equitable competition and ethical standards for all involved with school athletic programs.

WHY PLAY HIGH SCHOOL SPORTS?

Sports in high school have always been an essential part of creating an overall positive high school experience. Student-athletes learn life long skills in leadership, teamwork, discipline, work ethics and focus that they may not otherwise receive in the classroom.

Some students have found that high school sports provides an outlet for pent up energy that builds during the school day.

Other students have noted it helps them to focus on the school work and acts as a motivational tool.

High school teams have offered opportunities to participate in many sports that would not otherwise be available to the student due to cost or locations.

Studies have shown that school sports increases the community atmosphere within a school and helps aid in the involvement of not just students but also the outside community in supporting the student-athletes.

But why not just do my league or club sport, or even non at all? Being involved in your high school teams allows you to meet new people with in your school, be involved in multiple sports versus specializing in one, and adds to your own physical dexterity and mental health. It has also been proven that multi sport play can reduce injuries in some sports.

The ASAA doesn't allow you to participate on a high school team and a non-high school team during the same season of play. A small break from your non school team to play on a high school sports team can be very rewarding.

High school sports can be for everyone. The ASAA is an inclusive organization that promotes sport activities for all students.

CHOOSING SCHOOLS

DECISIONS MADE AFTER GRADE 10 BEGINS

While athletes have their choice of school in Grade 10 for athletics, after Grade 10 if an athlete transfers schools **they are INELIGIBLE for interscholastic competition until they establish athletic eligibility** at their new school. This process is an online Athletic Eligibility portal that can only be initiated by the Athletic Director or Principal at the receiving school.

ASAA doesn't control the student's academic eligibility within a school but does oversee the athletic eligibility and therefore before changing schools it is advised that parents and athletes refer to the transfer policy brochure to ensure that their son/daughter will be eligible to compete at their new school prior to transferring schools. This information can be found on the ASAA website.

At any time a school is unhappy with the application and interpretation of the transfer policy, they have the right to appeal the outcome, but only member schools can appeal on behalf of a student.

It is important that you talk to the Athletic Director of your school about the ASAA transfer policy to ensure that you understand the policy and its application.

For more information regarding transferring schools or eligibility please visit our resources page at ASAA.ca or meet with your High School Athletic Director.