

**ASAA Rural
Wrestling Championships
Alberta High Schools - 2022**

Information Package

Medicine Hat High School
Medicine Hat, Alberta



**HAWKS
WRESTLING**

DATES: Friday, February 18th 2022
Saturday, February 19th 2022

LOCATION: Medicine Hat High School
Medicine Hat, Alberta
200 - 7th Street SW

Contact Info
Darren Klein
Work: 403 527 3371 ext. 7112
Cell: 403 581 4851
Email: Darren.Klein@sd76.ab.ca

CHAIRPERSON: Renée Tschritter
Work: 403 527 3371 ext. 7264
Cell: 403 548 1872
E-mail: Renee.Tschritter@sd76.ab.ca

Tournament Website:

<http://www.asaa.ca/championships/site/2022-rural-wrestling-provincials>

SCHEDULE

Wednesday, February 16th, 2022

Registration Deadline - all registrations must be received by **11:00 pm**

Coaches Zoom Meeting at 6:00 pm

Zoom Meeting Link:

<https://zoom.us/j/94427191738?pwd=c0FIM21ZWEpETTh6WkJiZ2xnd2FnUT09>

We will be using Track Wrestling to host this event

Coaches will be sent the appropriate contacts for Track Wrestling

Friday, February 18th, 2022

- | | |
|-------------------|---|
| 6:00 pm - 7:00 pm | Arrival in the MHHS HUB area |
| 7:00 pm - 9:00 pm | Fee Payment in the MHHS HUB area
Medical (Skin Check) and Weigh-in
Room 183 (inside the gym)
<i>Note: Any wrestler failing to make weight may move up to the next category. A fee of \$10 will be charged.</i> |
| 6:00 pm - 9:00 pm | Gym will be open
Mats will be set-up for practice or other activities |
| 9:00 pm | Possible pizza order or BBQ (weather permitting)
To be discussed further at the coaches meeting |

Saturday, February 19th 2022

- | | |
|---------------------|------------------------------------|
| 9:00 am | Weigh-in for other arrivals |
| 10:00 am - 12:00 pm | Complete Preliminary Round |
| 12:00 pm - 12:30 pm | Semifinal cross-overs |
| 12:30 pm - 1:00 pm | Lunch Break |
| 1:00 pm - 1:20 pm | 5th/6th 7th/8th cross-over matches |
| 1:20 pm - 1:40 pm | Bronze medal matches |
| 1:40 pm - 2:00 pm | Introduction of Finalists |
| 2:00 pm - 3:00 pm | Gold medal matches |
| 3:00 pm - 3:45 pm | Medal Presentations & Team Awards |

***Presentations will proceed at the conclusion of all Gold matches.
Pictures for the individual & team winners will be taken.***

Registration Information:

Registration fee is **\$41.00 per wrestler**. (\$1.00 Loonie Fee for Pay Forward)

Coaches must email **Darren Klein** in order to receive further registration details.

Registrations must be received by **11:00 pm on Wednesday, February 16, 2022**

For further information contact Darren Klein: 403 581 4851

Email: Darren.Klein@sd76.ab.ca

PAYMENT: Please make cheques payable to Medicine Hat High School

COVID Protocols and Safety Precautions

ASAA Sport	Provincial Championship Modifications Feb to June 2022	NOTES
Rural Wrestling Provincials: Feb 18-19, 2022	# Participants: In weight classes with 4 or more competitors, athletes must attend and compete - top 3 go to provincials. If there are 3 or less confirmed in a weight class, those students may choose to compete at Rurals but are not required to and will be advanced to Provincials.	
	Mat #: Minimum Two mats required	
	Mat sanitization: (light bleach wipe with a mop) between every bout, weight class or competition period as decided upon between host and ASAA staff	Frequency of sanitization of mat will depend on # participants and event schedule.
	Start/Finish time: Host to Consider modifying start/finish time to reduce requirement for traveling athletes to stay overnight	

All **adult** spectators must be masked at all times in the gym, entrances, and other places in the school.

Team Rooms/Change Rooms/Shower Facilities:

Individual Team Rooms will NOT be available.

A change room and washroom are available; however, with Covid, minimal use is encouraged.

Coaches & Officials Room:

No hospitality room will be available due to Covid Restrictions.

Lunch tickets will be issued to coaches.

First Aid and Athletic Therapy:

Teams must bring their own medical supplies and plan to do their own taping.

Ice will be provided. Paramedics will be present on site.

An AED is located in the hallway east of the gym and across from the main office doors.

Concession:

A concession will be available at Medicine Hat High School during the tournament. The concession is located just outside of the gym entrance. (Cash Only).

Food and beverages must be consumed in the MHHS HUB area Only.

Please maintain social distancing and seat only 4 to a table.

EMERGENCY ACTION PLAN

Medicine Hat High School
200 - 7th Street SW

Emergency Equipment & Locations

- Fire extinguishers - throughout School
- First Aid Kits
 1. In the office or with EMT's
 2. School office (AED in hallway by office doors)
- Epi-pens
 1. With EMT's

Alarms & Communications

- Fire alarms - throughout School
- Emergency Number 911

EMERGENCY ACTION PLAN TO BE REVIEWED WITH ALL COACHES

- **EVACUATION - Building fire alarm being pulled**
- **FIRST AID - As notified by official or Coach**

Evacuating the Site

A. Building fire alarm sounds to alert athletes and spectators of an evacuation. Personnel will proceed to the Muster Point. (The school sign located in the southeast corner of the school lot)

B. The Tournament Director and appointees (fire department) will "sweep" the school to ensure no one is left in the building and meet with everyone at the Muster Point.

DO NOT RETURN INTO THE SCHOOL OR LEAVE THE MUSTER POINT UNTIL YOU HAVE BEEN INSTRUCTED BY YOUR COACH OR TOURNAMENT OFFICIAL

The "sign-in" (registration sheet) will be used to account for all athletes at the Muster Point. Each coach is to account for their athletes and advise that everyone is safe or if anyone is missing.

Injured Athletes or Spectators

In the event that an athlete or spectator has been injured, a designated Standard First Aider and the athlete coach or spectator will remain at the scene until emergency personnel arrive. One tournament official is to be designated to meet emergency crews at the entrance to the school and instruct them on how to get to the scene of the incident.

First Aid Provisions

Designated personnel trained in First Aid are to respond to an incident. Coaches, athletes, and spectators are to provide first aid treatment within their scope of training. EMS and fire department are used for medical/rescue treatment.

Fire

In case of fire:

One tournament official will locate the nearest fire extinguisher while another tournament official alerts others. (If unable to contain fire, pull the fire alarm, and evacuate the school)

Emergency Response Training

All tournament officials are trained in the Emergency Action Plan at time of coaches meeting.

Designated Rescue/Evacuation

- Every coach is responsible to account for their own team of athletes.
- Tournament Director and Designates to ensure emergency communication

ASAA WRESTLING POLICY

For more information please see Section XX – Wrestling in the 2020-21 ASAA Handbook

Rules (Section A)

The rules shall be those of the Wrestling Canada Lutte (WCL) with the exceptions being those specifically adopted by the ASAA:

1. All wrestlers competing in an ASAA sanctioned event must wear a mouth guard. If during competition the mouth guard comes out, it may be replaced at an appropriate time at the official's discretion.
2. Wrestlers are required to wear a red or blue singlet for ASAA rural and provincial championship events as per the requirements in the WCL rulebook for a national championship. As exceptions to this rule, the ASAA allows a school team to wear a singlet of school colour(s) which may or may not display a school logo and/or name. Also, the ASAA will allow the new two-piece uniform, which may or may not include a UWW (United World Wrestling) logo or emblem or in particular situations, competitors may wear athletic shorts of the same singlet colour over the singlet. Aside from these exceptions, the ASAA does not allow any club logos or colours, provincial and/or national logos and/or emblems on singlets to be worn.

3. Illegal Moves

The following are illegal moves in ASAA wrestling and are not permitted:

- a) Full Nelson
- b) West Point Ride (T-Bar)
- c) Full Suplay, Front Suplay, Front Salto, Standing Fireman's' Carry and throws initiated by a back bending motion where grand amplitude points are awarded.

The penalty for performing illegal moves in (c) shall be disqualification from the match and tournament.

4. One person in addition to one coach may be in the corner during competition if the person is acting only as a photographer or videographer. This person will not be granted any coaching privileges. He or she shall not in any way attempt to coach the athlete: any attempt to do so will result in that person's loss of corner privileges for the duration of that match.

Note: Coaching includes shouting at or calling encouragement to the athletes. Coach's attire should be neat and tidy in appearance.

A list of the rule deviations adopted by the ASAA shall be given to the head official in advance of the meet.

5. Protests

Within 30 minutes of the completion of the bout, the coach or school teacher must submit a written protest accompanied with a fee of \$100 cash. The written protest along with the cash should be filed with the head official and the tournament coordinator should be notified. The protest committee shall consist of the head official, ASAA wrestling commissioner and a neutral coach. If the protest is successful, the fee of \$100 shall be returned to the coach or school teacher and the appropriate process will be followed, as per the WCL rule book, to determine the winner.

Representation to Rurals and Provincials (Section D)

1. The rural provincials shall be an open competition for all rural high school wrestlers.
2. At provincials, Calgary, Edmonton and rural zones may each enter five male and female wrestlers per weight class who attended the qualifying tournament at that weight class. In the event that any zone cannot send five athletes per weight class to the provincial tournament, an attempt will be made to fill those vacancies from the other zones. Preference for filling single vacancies will be offered first to the host zone. In situations where there is more than one vacancy in a weight class, preference for filling weight classes will follow the provincial tournament host rotation with the host zone having first opportunity to fill and will alternate with the remaining zones. Athletes filling vacancies in this manner will not count towards team points. Team rosters must be submitted to the host chairs for rural and provincial meets at least 48 hours prior to the commencement of the competition.

Weigh In (Section E)

Weight classifications for ASAA wrestling shall be as follows:

Male Competitors:

44 kg	56 kg	65 kg	76 kg	98 kg	120+kg*
50 kg	59 kg	68 kg	82 kg	108 kg	
53 kg	62 kg	72 kg	90 kg	120 kg	

*In order to compete in the 120+ kg category, the wrestler must weigh over 120 kg.

Note: Each weight listed represents the upper limit of the weight class.

Female Competitors:

44 kg	53 kg	65 kg	80 kg
47 kg	57 kg	70 kg	90 kg
50 kg	61 kg	75 kg	90+ kg

*In order to compete in the 90+ kg category, the wrestler must weigh over 90 kg.

Note: Each weight listed represents the upper limit of the weight class.

1. Scales

- a) The weigh-ins for both the rural and provincial competitions shall be held on the first day of the competition. It will be the only weigh-in of the competition.
- b) The ASAA will follow the weigh-in procedures as outlined in the WCL rules
- c) See the WCL rulebook regarding weight loss by an athlete and the discipline for athletes and coaches involved in such behavior. The ASAA does not tolerate inappropriate methods of weight loss.
- d) All athletes must have their arms and shoulders exposed for the skin check.

Events (Section F)

There shall be one wrestling competition for boys and one for girls at each of the rural and provincial competitions.

1. Rural Provincial Championships

- a) The rotation for rural provincial championship host sites will be as follows:
2019 South/South Central
2020 Central
2021 North (NW/NC/NE)

Should no school or zone within the region bid to host the championship, the next region in the rotation will have first right of refusal to submit a bid to host the championship.

- b) The rural provincial championships shall be a two-day competition held two weeks prior to the provincial championship. On the first day, no matches will be called after 8:40 p.m.
- c) Any weight class with six or fewer competitors at the rural provincial championship will use a single pool round robin format.

Any weight class with between seven and 16 competitors will use a double pool round robin format. When the number of competitors in any weight class reaches 17 or more, that category shall be wrestled as a bracket draw according to the WCL rulebook with the exceptions of a cross-over wrestle back semifinal and a re-wrestle for the bronze medal. Ideally, athletes shall not re-wrestle a previous competitor during the cross-over wrestle back. To determine crossover pairings, the first criteria shall be straight across, the second criteria shall be top-right versus bottom-left and also top-left versus bottom-right. Should both criteria produce a pairing where athletes have previously met during the rural provincial championship, then the first criteria will be used and a re-wrestle during the cross-over will occur.

- d) The ASAA will follow the rules for match lengths, etc. as per the WCL rulebook.

Scoring (Section H)

1. At the Rural Provincials and Provincials, school team champions will be determined in three categories.
 - a. 1A/2A schools
 - b. 3A schools
 - c. 4A schools
2. Each school will select its ten (10) highest finishing wrestlers and combine placement points to determine the top school in each category. The team points will be awarded as follows same spot please include the screenshot I have attached which shows how scoring is determined.

Officials (Section G)

There shall be a minimum of two nationally ranked officials per competition surface. From the cross-over wrestle-back portion of the event until the completion of each weight class there shall be a minimum of three officials assigned to each mat surface. All officials must be assigned through the Alberta Amateur Wrestling Officials' Association.

Grievance Committee

There are two key functions of the Grievance/Discipline Committee at ASAA provincials. The first function is to deal with matters that occur during competition, typically discipline/conduct issues, and appeals that may arise from ejections. The second function is to handle any other matters that arise that require dispute resolution.

Committee members:

- Keith Daye – ASAA Wrestling Commissioner
- Darren Klein – Coach, Medicine Hat High School
- Renée Tschritter – Tournament Chairperson

Individual Sports: Individuals Failing to Show (p. 65, Policy Handbook)

In wrestling, participating schools will submit a cheque for all athletes confirmed by the entry deadline. In the event an athlete(s) fails to show, the offending athlete's school will be penalized an additional \$50 per no show to a maximum of \$250. The Executive will have the sole discretion to impose the penalty based on the rationale provided by the school for the late withdrawal.

Note: any school that has outstanding fees resulting from either the team or individual failing to show policy will be ineligible to participate in an ASAA provincial championship in any sport until those fees have been paid to the ASAA.

Appeals

If an athlete or coach wishes to appeal an ejection, it is the responsibility of the Grievance/Discipline Committee to address the appeal as soon as possible, and before the next scheduled game, match etc. To handle appeals of an ejection, ASAA Policy (page 26) states:

All ASAA provincial championship hosts will convene a discipline appeal committee. This committee will have the authority to address issues of a serious nature that may occur before, during or after a provincial championship match, or to hear appeals of the automatic suspension resulting from an ejection. The committee may include, but is not limited to, the tournament chairperson, an official and two coaches not in conflict with the issue.

Ejections

Any unsportsmanlike or violent behavior (e.g. fighting) that results in an ejection of an athlete or coach from play in an ASAA provincial competition shall result in a suspension from the next scheduled match of the current season, where match is understood to mean game, match, round, bout, etc. as appropriate for the sport (page 27 in ASAA policy handbook).

Conflict of Interest

Anyone who is on this committee who is perceived to be in conflict of interest to the appeal by the tournament chair should be excluded from the committee. Better to err on the side of caution in this regard. Replacements can be sought, if necessary from individuals who are not in conflict of interest to the teams or issues.

Protests/complaints regarding other issues

During the course of a provincial competition, other things may occur that give rise to a protest or complaint. Unless there is a sport specific policy to deal with such matters, the grievance/discipline committee should handle such matters.

Examples include but may not be limited to:

1. Team(s) delayed due to weather. Committee needs to weigh what is in the best interests of both the team that had no control over being delayed and all other teams in the competition, with the goal being what is right through compromise.
2. Lockdowns and relocation of games
3. Location of courts
4. Banquet complaints (not enough food...)
5. Abusive spectators/coaches

These are just a few examples of issues that may arise, just remember that the grievance/discipline committee should act reasonably to address any of these issues, keeping the competition in mind and the impact on those involved. Please note that the national/international rules of competition govern each sport and most do not allow protests of final scores.