



## Alberta Schools' Athletic Association Provincial Track & Field Championships

Date: June 6-7, 2025  
Host: South Central Zone

2424 University Drive NW  
Sites: Foothills Athletic Park  
Calgary, Alberta

## 1. ORGANIZING COMMITTEE

Position	Name	Telephone	Email
Provincial Chairs	Leigh Bretzlaff Shauna Vaughan Jerry Flaws	403-510-8814 403-443-1454 403-9019453	bretzlaffl@fsd38.ab.ca <a href="mailto:shauna.vaughan@ghsd75.ca">shauna.vaughan@ghsd75.ca</a> Jerry.flaws@ghsd75.ca
CSHSAA (Financial & Website)	Jerry Flaws	403-901-9453	Jerry.flaws@ghsd75.ca
ASAA Director of Operations	Dave Saengsathit	780-306-0769	<a href="mailto:dave@asaa.ca">dave@asaa.ca</a>
ASAA Commissioner	Tim Schultz	780-781-8835	<a href="mailto:tim.schultz@gshare.blackgold.ca">tim.schultz@gshare.blackgold.ca</a>
Meet Director	Kim Cousins	403-461-2673	<a href="mailto:kecousins1@gmail.com">kecousins1@gmail.com</a>
Equipment/Facility	Dale Schoenthaler	403-680-9965	
Registration	Shauna Vaughan	403-443-1454	shauna.vaughan@ghsd75.ca

## 2. SCHEDULE OF EVENTS

### Tuesday, June 3rd, 2025

ZONE Coaches Meeting                      7:00pm                      Zoom

### Friday, June 6, 2025

GENERAL ADMISSION (Gates Open)    7:30am                      Foothills Athletic Park  
Competition Begins                      8:45am                      Foothills Athletic Park  
Opening Ceremony                      10:55am                      Foothills Athletic Park

### Saturday, June 7, 2025

GENERAL ADMISSION (Gates Open)    7:30am                      Foothills Athletic Park  
Competition Begins                      8:45am                      Foothills Athletic Park  
Awards Presentations                      Schedule will be posted                      Foothills Athletic Park – South side of Track

## 3. CALGARY FOOTHILLS ATHLETIC PARK INFORMATION AND RESULTS CENTRE

The main Provincial Tent will be located at the Main Entrance. In-Charge person and radios to contact charge person/coordinators will be located here as well.

Results will be posted on the Results Board just behind the shed (at the Finish Line), on the south side of the stands.

## 4. COMPETITION SCHEDULE

The Competition schedule is provided under the [Schedule](#) tab of the ASAA website.

## 5. PRE-EVENT WARM-UP FIELD

**TRACK EVENTS:** Athletes MUST warm-up on the Foothills Athletic Park Soccer field, located directly west of the Grandstand. Teams ARE NOT permitted to warm-up in the infield area or on the track. Please respect the events that are being held on the infield and do not enter this area due to safety. All teams will be expected to share the warm-up space.

**THROWING EVENTS:** Throwing implements ARE NOT permitted on the Soccer fields. Warm-up for throwing events will take place at the specific competitions site approximately 15-30 minutes prior to the scheduled start time.

## 6. REGISTRATION AND PAYMENT

### 6.1 ENTRY FORMS:

Entries must be completed by the **ZONE MANAGER** (or designate) and emailed to Doug Lamont at [lamont3684@gmail.com](mailto:lamont3684@gmail.com). Officially, the Zone Manager is to use MileSplit (to allow Doug as the Competition Secretary to download the entries from MileSplit); however, it is **VITAL** that the Zone meet have the correct divisions (including the division number). In order to minimize the risk of something in the relatively new MileSplit environment not working as expected, the Zone Manager should **ALSO SEND THE ADVANCERS FILES CREATED FROM MEET MANAGER**.

- For those Zones with non-school specific relay teams, **email the Relay Teams information separately**, including A or B Team, the athletes' name (birthday if not already in another event), school and school code. Please **DO NOT** add athletes to the Zone relay 'school' - athletes need to remain defined to their registered school in order for relay points assignments to work correctly.

**Individual schools and athletes DO NOT submit a registration form.** Zone Managers will register the athletes that qualify.

### 6.2 ENTRY PROCEDURES:

The following entry procedures will be strictly adhered to for all entries. Additional information is contained within the technical package in the following pages.

- Entry deadline is Monday, June 2<sup>nd</sup>, 2025 @ NOON.
- **No athlete additions will be accepted after NOON on Wednesday, June 4<sup>th</sup>, 2025.** (including relay alternates - see additional notes below for clarification)
- Athlete event changes/additions/deletions for registered athletes only will be allowed up to and including competition days. Only the Zone Manager, designated Head Coach or Assistant will be allowed to make changes. Please ensure that you email your changes **as they come in**, to Doug Lamont ([lamont3684@gmail.com](mailto:lamont3684@gmail.com)). Any deletions after Noon on Wednesday, June 4th will be considered "no shows" (see below); however, event substitutions can be made without penalty on either competition day providing they are made one (1) hour prior to the scheduled start for the event.
- Additions and changes during the meet must be made using the scratch/add form available in the Results shed (near the Finish line). The form must be returned to Doug Lamont (Competition Secretary) in the Results shed at least one hour prior to the scheduled start time for the event. Forms are included in this package and will be available at the Coaches Meeting and daily at the Registration Tent..
- **NO SHOWS:** In the event an athlete(s) fails to show, the offending athlete's school will be penalized \$50 per no show to a maximum of \$250. The ASAA Executive will have the sole discretion to impose the penalty based on the rationale provided by the school for the late withdrawal. (ASAA Policy Handbook)

#### Additional Notes:

- Preference is that all additions be created by using the "Export Advancers" function in Meet Manager using the zone's results database, then sending the file created as an attachment. Special entries for some events will be handled by separate email (eg. Zone composite relay teams).
- Ensure all relay teams being entered have athletes indicated for relay names. (The more information that is complete when submitted to the Competition Secretary, the more the announcers can perform research before the meet regarding athletes of any particular interest.)
- For Composite Zone Relay teams, be sure to indicate the school (with code) for each athlete. This will ensure that the athlete's school is awarded the appropriate points.
- The advancers file exported from Meet Manager is a ZIP file, something sometimes blocked by school or school board electronic mail or security systems. When you send an attachment to [lamont3684@gmail.com](mailto:lamont3684@gmail.com) please copy your personal electronic mail address on the message, send, then check your personal electronic mail. If you did not receive the electronic mail message, neither did the Competition Secretary.
- When you make a request, please include all of the needed information (ie: athlete's full name, date of birth (YYYY-MM-DD format), gender, school and zone, and event(s)). The Competition Secretary does not have access to your zone meet databases and therefore, does not know the date of birth (and other) information needed to add an athlete who was not included in the original advancers list from your zone meet.
- Scratches: When you send a message regarding a scratch, please be clear whether the athlete is to be "scratched from the entire meet" or "scratch only from the event" (and indicate the school and zone). Clarity will allow the Competition Secretary to know whether you are keeping the athlete in the meet for other purposes (e.g.: perhaps as a relay alternate).

- Zone Results: The announcers are always interested in having a copy of zone results for their research purposes. Please post a copy of your full zone meet results in PDF format and send either the link for it or a copy of the document to the Competition Secretary. This can also be done on MilesSplit.
- Entry Lists and Performance Lists: It is vital that your coaches and athletes check EVERYTHING, every time the documents are updated. (The meet involves a stunning number of adds, changes, and deletes.) Similar consideration for the "live results" page.
- Note for Athletes: **PLEASE** take the time to verify your results using the "live results" page (or the posted result sheets). The **best** time to bring result-related concerns to the Results Team's attention is then and there (at the meet), **not** "later" and **not** "tomorrow". Protests not submitted within 30 minutes of an event's results being posted will not be considered.

### 6.3 GENERAL REGISTRATIONS FOR ATHLETE ENTRIES:

- Two (2) entries are allowed per zone in all events.
- Four (4) Para athletes per category and gender are permitted; only the top 2 scoring athletes are able to score for their school; athletes who compete in the Unified Combined Event are allowed to compete in one additional event and would compete under the Para Intellectual Category.
- Three (3) Unified teams per zone are permitted to compete at provincials; all teams must compete at their zone championship to qualify for provincials
- Each zone may enter an A and a B team for all relays. The 'A' team should be the faster of the two teams.
- Each competitor may enter a maximum of four (4) events. Relays are considered an event.
- Competitors in the 4x400 relays can be Junior, Intermediate, or Senior.
- One alternate can be listed for each relay team. That alternate must have competed in the zone championships (any event) and is only permitted to participate in a relay if required and is not permitted to substitute for any athlete in any other event. This change must be made one hour prior to the event.
- Races up to and including the 400m and the 4x100 m relay will be divided into two (2) preliminary semi-final heats with a maximum of one zone athlete (team) per heat. All lane assignments for heats will be random. Advancement to an event final will be determined based upon the top three from each preliminary heat and the next two fastest times. Lane assignment for the 4 x 400 relay will be random with one zone team per timed final.
- The 800m race will be run with two athletes per lane using a staggered start and a cut in zone at the first curve.
- All competitors in throwing and horizontal jumping events will receive three (3) trials. The top eight (8) competitors from the first round will advance and receive three (3) additional trials.

### 6.4 COMPETITION NUMBERS

- Competition numbers will be assigned numerically starting with #1. Numbers will be assigned by zone and alphabetically by athlete. Order of assignment is: Calgary, Central, Edmonton, North Central, North East, North West, South Central and South.
- Numbers must be worn by ALL competitors.
- All lane finish races have the number on back (400 m or less). Non lane finish races have the number on front and the 4x400 last runner should also have the number on front.
- Numbers on the back for: pole vault
- Numbers on the front for: throwers, horizontal jumps and high jump.
- Hip numbers will be provided at the Marshalling Area for all track events as required by the marshal, including the Para events. Note: An athlete's competition number will be their accreditation for accessing the competition areas.

### 6.5 COMPETITION FEES and APPEAL DEPOSITS:

- The entry fee will be \$25.00/competitor (\$24.00 Entry plus \$1.00 "Pay It Forward ASAA Scholarship" Fee) - Zone managers can either E Transfer or give Cheque to Jerry Flaws at the ASAA AGM.
- The total amount per zone will be based upon the zone final entries as of Wednesday, June 4<sup>th</sup>.
- Appeals must be accompanied by \$100.00 cash. Appeals made by zone based upon an official's ruling and the protest procedure being followed.

## 7. ON-SITE ATHLETE AND TEAM REGISTRATION

### ON-SITE ATHLETE REGISTRATION:

- The Registration Tent is located to the right of the Entry Gate at Foothills Park.
- A competitor's competition number will be their accreditation for access to the competition area.
- **PICK UP PROCESS**
  - Schools or athletes can pick up the packages at registration
  - If a Coach picks up the full package, they are responsible for distributing the numbers to their athletes. Please note: no athlete can enter the venue without their number. If athletes are arriving at different times, the School Coach will need to return to the registration area to pick up numbers as needed
  - If a school opts not to take the full package, the registration team will highlight the numbers that have been picked up and retain the rest of the package at the desk for later collection

### ON-SITE TEAM FEE PAYMENT:

- Zone Head coaches are asked to bring their Fee cheques to Shauna Vaughan at the Registration tent on Friday morning. Only one cheque per zone will be accepted and must be made **payable to the South Central Zone**.

## 8. COMPETITION AGE GROUPS

- Junior: Competitors must be under 16 before September 1 of the school year
- Intermediate: Competitors must be under 17 before September 1 of the school year
- Senior: Competitors must be under 19 before September 1 of the school year
- Note: Students with a birthday on September 1 of that school year must compete in the higher category

## 9. COACH ACCREDITATION

- There will be no designated Coaching areas this year; all coaches must coach from outside the fencing and will not be allowed onto the track at any time. Only those that have proper accreditation (Officials and Event Volunteers) will be allowed entrance to the track
- **Only coaches registered by the zone and in the ASAA SRS will receive event entry. All other coaches will need to pay the entry fee.**

## 10. COMPETITION RULES AND SCORING

### 10.1 RULES:

- World Athletics and World Para Athletics will be followed for this meet with the exception of the False Start Rule. The ASAA Provincials allow for one false start which, if it occurs, will be charged to the field. Second and subsequent false starts will result in disqualification of the athlete or team (relay) involved.

### 10.2 POINTS:

- Points will be awarded to all competitors numerically starting at 16 for 1st through to 1 point for 16th place.
  - a) In running events where there is a preliminary heat, the athletes ranked 9th through 16th, will receive points accordingly.
  - b) All field events and 800m, 1500m, 3000m and 4 x 400m will have competitors ranked 1st through 16th.
  - c) Both relay competitions will have points allocated depending upon the number of competitors representing a particular school. Each athlete from a school will be awarded  $\frac{1}{4}$  of the allocated points for finish position.
  - d) In Pentathlon, there will be two athletes per zone per gender competing, and the points will be awarded as follows: 1st – 24 points; 2nd – 22; 3rd – 20; 4th – 18; 5th – 16; 6th – 14; 7th – 12; 8th – 10; 9th – 9; 10th – 8; 11th – 7; 12th – 6; 13th – 5; 14th – 4; 15th – 3; 16th – 2.
  - e) Para is scored and contributes to school/zone points and the scoring is as follows: 5 competitors or fewer: 1st – 8 points; 2nd – 6; 3rd – 4; 4th – 3; 5th – 2. 6-10 competitors: 1st – 16 points; 2nd – 14; 3rd – 12; 4th – 10; 5th – 8; 6th – 6; 7th – 4; 8th – 3; 9th – 2; 10th – 1, 11 or more competitors – use scoring system as per all events.

### 10.3 TRACK EVENT FINALS: SCRATCHES AND NO-SHOWS:

#### Scratches:

- If an athlete scratches from a track event final for a legitimate reason at least one hour before the race, (eg. Injury verified in writing by onsite medical staff and provided to the competition director), they will not be charged a no-show fee. Any scratch less than an hour before a final will be charged a no-show fee (an hour allows time to locate a replacement).
- To replace the scratched athlete, every effort will be made by event organizers to locate the athlete whose time placed them 9<sup>th</sup> after the heat and offer them a place in the final. The 10<sup>th</sup> placed athlete will not be approached if the 9<sup>th</sup> placed athlete cannot be found and the lane will be left vacant. Lane allocations may have to be adjusted to ensure the 9<sup>th</sup> placed athlete takes the lane normally allocated to the 8<sup>th</sup> placed athlete. All other lane allocations will be adjusted accordingly.

#### Point Allocations (no-shows/scratches):

- If an athlete scratches for a final within the allowable timeline of one hour, and only if accompanied by a note from the onsite medical staff confirming that the athlete cannot compete due to injury or illness, they will score the points for 8<sup>th</sup> place if the 9<sup>th</sup> placed runner after the heats cannot be located.
- If the 9<sup>th</sup> placed athlete is found and does compete in the final, they will score points based on how they place and the scratched athlete will score the points allocated to 9<sup>th</sup> place.
- The Unified Banner is scored separately as an independent event and does not contribute to school or Zone points.
- The 4x400 Mixed Relay is a scoring event (as of 2020)

#### NO-SHOWS:

- An Athlete who is a no-show for a Final event without scratching for a legitimate reason at least one hour prior to the Final will be charged the no-show fee and will forfeit any points that might normally accrue to their school points total. Points for other athletes will be moved up accordingly.

## 11. AWARD PRESENTATIONS AND PHOTOGRAPHS

- **The ASAA Awards Area** is located on the east side of the venue. Look for the yellow ASAA tent and podium.
- ASAA medals will be presented to the gold, silver and bronze recipients.
- All medalists will be required to sign for their medals to ensure that we have accurate distribution of medals as well as accuracy of names for award winners.
- Presentations will occur at set times throughout both days and will be posted in advance. A schedule will be posted on the results board.
- All gold medal competitors in individual and relay event(s) will have their photograph(s) taken immediately after the conclusion of their awards presentation. Pictures will be taken with the athlete(s) wearing the champion t-shirt and the medal(s) awarded by the ASAA. Please remind your athletes that baseball caps, hats of any style, sunglasses, warm up suits etc. are not to be worn during the photograph. Photos will take place at the awards area.
- Unified: Medals will be distributed to individual athletes for each event and a banner will be presented to the overall team winner.
- Team photos for 1A, 2A, 3A, 4A and Unified school championships will be taken at the conclusion of the meet.

## 12. MEETINGS

### ZONE Coaches Meeting

This meeting is for all ZONE designated head coaches ONLY (not all coaches).

Date/Time:	Tuesday, June 3, 2025 at 7:00 PM
Site:	Zoom invocation will be sent to Zone Managers to forward to their Zone Coach
Chairs:	Leigh Bretzlaff, Shauna Vaughan, Jerry Flaws – Provincial Chairpeople Kim Cousins – Meet Director Tim Schultz – Track & Field Commissioner Dave Saengsathit – ASAA
Agenda:	Protest and Appeal Procedure and Appeal Committee Coaching Staff and Accreditation Coaching Areas/Warm-up Areas Uniform Policy Names and Numbers of the confirmed scratches and substitutions Relay confirmation/relay appeal deadline (at 9 AM Saturday) Other clarifications (Tents)
Participants:	Host Committee Representatives, All Zone Head Coaches, ASAA Representatives
NOTE:	There is an ASAA sanctioned fine of \$250.00 per zone if a zone does not sign in and attend the Pre-Event Coaches Meeting.

## 13. TECHNICAL INFORMATION

- 13.1 For ASAA policy regarding **Eligibility** please refer to pages 21-26 of the ASAA Policy Handbook.
- 13.2 For ASAA policy specific to **Behaviour and Conduct** at this event please refer to pages 14-17 of the ASAA Policy Handbook.
- 13.3 For ASAA policy specific to **Track & Field** please refer to pages 67-70 of the ASAA Policy Handbook.
- 13.4 **Discipline and Misconduct:**  
Breaches of the ASAA Code of Ethics are treated seriously, and as a host [we] are required to report any breaches to the ASAA office where action may occur. A portion of the ASAA Code of Ethics states “Any conduct, including, but not limited to ejections, fighting and drugs and alcohol use, that results in dishonour to the athlete, the team, the school or the ASAA will not be tolerated” (pages 26-30).

## 14. COMPETITION SITE SECURITY

- 14.1 **Competition Site Security and Coaching Zone**
- The infield of the competition site (grass area inside the track surface) will be OFF LIMITS to everyone except officials.
  - All coaching areas will be outside the perimeter of the fencing that goes around the track. We will set aside a section in the stands for aches in the jumps area. This section will be reserved for coaches only.
- 14.2 **Warm-up Area:**
- For safety reasons, athletes and coaches must stay off of the infield and are asked to stay off the straight away on the back side of the track.
  - Athletes are encouraged to find open space on the Soccer Field west of the Grandstand to conduct their warm up.
  - Teams ARE NOT permitted to warm-up in the infield area or on the track. Please respect the events that are being held on the infield and do not enter this area due to safety. All teams will be expected to share the warm-up space.
  - Throwing implements ARE NOT permitted on the Soccer fields. Warm-up for throwing events will take place at the specific competition site approximately 15-30 minutes prior to the scheduled start time.

## 15. MARSHALLING PROCEDURES

### 15.1 Field Events:

- All field events are marshalled at the event site.
- There are no event marshalling announcements. Please be sure your athletes know this.
- A competitor not checking in with the head official prior to the start of the event will be scratched.
- Track events take precedence over field events. A competitor must report to the field event and then return to compete in the track event. At the competitor's request, the event official may, at his or her discretion, move the competitor in the competition order during a round, to enable the competitor to complete a track event. Should a competitor miss a complete round or rounds in a field event, he/she will not be permitted extra attempt(s) to make up for the lost round(s).

### 15.2 Track Events:

- All running events are marshalled at the Start line to the 100m, Meet on the pavement just inside the gate.
- There are no event marshalling announcements. Please be sure your athletes know this.
- Competitors in running events are required to marshal a minimum of 20 minutes prior to the scheduled start of the event. Start times will be strictly adhered to.

## 16. COMPETITION SITE, EQUIPMENT, AND UNIFORM POLICY

### 16.1 Equipment:

- All competitors are required to use the equipment, including throwing implements, provided by the provincial organizing committee with the exception of pole vault poles (NO EXCEPTIONS).

### 16.2 Foothills Athletic Park:

- All track events will be on a 400 meter rubberized all-weather track.
- Cone spikes six (6) mm in length or less will be permitted. Officials in charge may at any time inspect athletes' shoes to see if their spikes conform to regulation size.
- The shot put and discus competition areas have concrete pads.
- The javelin run up is a rubberized all weather surface.
- All horizontal and vertical jump surfaces are all-weather rubberized.

### 16.3 Uniforms:

- Athletes must compete in a uniform top that distinguishes their school or zone. Tops contrary to this rule with logos for clubs, athletic supply companies, alcohol etc. will be considered illegal and the athlete will be disqualified from the competition if not corrected after the first warning.

### 16.4 Tents

- All school or zone tents can be placed in the designated tent area north of the track outside the fence OR at the north end of the Grandstand. This area will be roped off for school/zone tents. All tents must be tied down. The wind can change quickly in southern Alberta.

## 17. PROTESTS AND APPEALS

### 17.1 Protests:

- Protest concerning results or conduct within an event, will follow World Athletic policies and the protest must be made within 30 minutes of the results being posted or announced. (Note: the designated time that an event is posted is listed on the results sheet). The protest will be given to the Meet Director, ASAA Executive Director, or ASAA Track and Field Commissioner who will refer the matter to the appropriate referee. A referee's decision may be appealed to the Jury of Appeal whose decision is final. Protest forms will be provided to the head zone coach as required.

Note: Video or digital pictures will not be considered.

Note: Relay protests, from Friday night's relays only, can be made up to 9:00 AM on Saturday.



## **17.2 Jury of Appeals:**

- A jury of appeals will consist of:
  - the ASAA provincial track commissioner (chairs jury but does not have a vote, unless to break a tie)
  - the Meet Director
  - the appropriate referee
  - three (3) zone Head Coaches as selected randomly at the coaches meeting on Friday
  - an alternate as chosen at the coaches meeting from the remaining zones. The alternate will be used if the involvement of an athlete or athletes, places the zone jury member in a conflict of interest.
  - the ASAA Director of Operations, who will act as secretary to the Jury of Appeal but does NOT have a vote.

## **18. SPORTSMANSHIP**

There will be QR codes set up around the facility with regular announcements being made throughout the event to nominate any individuals (athlete, coach, volunteer, official, spectator, etc.) that SET THE BAR and demonstrate a high standard of sportsmanship. The QR code will take nominators to a Google Form to be filled out, this will go directly to the Host Sportsmanship Committee to review and determine if individuals have SET THE BAR. Selections for who the Committee believe have SET THE BAR will be announced throughout the event and will be presented with their SET THE BAR keychain.

## **19. FIRST AID AND ATHLETIC THERAPY**

### **19.1 Athletic Therapy Services:**

A certificated and insured Athletic Therapist will be available near the 100m finish to assist in injury prevention, assessment, and treatment. It is strongly recommended that schools supply their own tape and first aid requirements if you would like the AT's to address your taping/wrapping needs. If assessment of soft tissue injuries or taping is required, please have the athlete bring themselves with any necessary supplies to the Athletic Therapy Tent prior to their event or signal that you request their assistance during or after the event.

### **19.2 Emergency Paramedic:**

A Paramedic will be at the Medical station for emergency injuries and treatment near the 100m Finish line. The paramedic is not expected to provide taping, massage therapy or any other responsibilities typically associated with team trainers or an Athletic Therapist. The paramedic will be called to the field in Emergency situations, and have a direct line to EMS and an Emergency Care Physician by phone.

### **19.3 Washroom Facilities:**

- There are washrooms available in the building at the SE corner of the track.
- Port-a-potties will also be available.
- Changing on the field/track is not permitted.

### **19.4 Lightning Rule:**

The Meet Director, Provincial Chair or Provincial Commissioner in consultation with ASAA staff and Officials will make the call on lightning or weather delays. The guidelines noted on the [Safety Guidelines for Secondary Interschool Athletics](#) will be followed. If in doubt, follow the 30-30 rule:

- 30 seconds: Count the seconds between seeing lightning and hearing thunder. If this time is less than 30 seconds, lightning is still a potential threat. Seek shelter immediately.
- 30 minutes: After the last lightning flash, wait 30 minutes before leaving shelter. Half of all lightning deaths occur after a storm passes. Stay in a safe area until you are sure the threat has passed.

ALL athletes, officials and spectators are to go to the Saville Community Sports centre, located on the Southeast side of the grounds if a delay is required due to weather, including lightning.

## 20. CHAMPIONSHIP APPAREL

NORTHWEST DESIGNS will be on site to sell souvenir apparel for athletes to purchase. The ASAA will not be responsible for payment or pick-up of any items.

The location of souvenir apparel will be in the grassy area in the SW corner of the track (close to the ticket entrance). No cash payments. All forms of card will be accepted and a point of sale machine will be available.

**Reminder:** Apparel will be available online post-event. For more information, please click [HERE](#).

## 21. LIVE STREAM

The live streaming for the ASAA Track and Field Provincials is FREE thanks to the generous sponsorship of Athletics Canada.

Go to [asaa.ca](http://asaa.ca) > Championships > Track and Field > 2025 Track and Field Championships > LIVE STREAM

ASAA 7-Day Free Trial Code = ac7daytrialasaa

- Code window to activate - now to Saturday, June 7 EOD
- After the trial, the payment will trigger unless the +PLUS subscription is cancelled before the trial period expires
- Offer is only good on NEW monthly subscriptions and can't be combined with any other offer
- Webcast available on [AthleticsCanada.tv](http://AthleticsCanada.tv)

## 22. CONCESSION

Food Trucks will be available to all spectators throughout the weekend near the Entrance to the park.

## 23. ADMISSION AND PARKING

### 23.1 ADMISSION:

ADMISSION to Foothills Athletic Park can only be through one entrance on the SW corner of the park.

Tickets are purchased **ONLINE** only and can be found [HERE](#)

Adults: \$8.96 per day or \$13.49 for both days

Children under 10 FREE

**\*NOTE: Participants are reminded to keep their Participant Pass on them at all times. Participants without their Participant Pass will be charged the entry fee to access the facilities.**

### 23.2 PARKING:

**PARKING IS FREE!** Although limited, parking in/around Foothills Athletic Park is Free.

**On Saturday there is a Stampeder football game. You need to arrive before 10:00 to gain access to parking.**

#### **BUS DROP OFF and PARKING:**

Bus drop-off/pick-up at near the main entrance to McMahon Stadium (NE corner of McMahon parking lot)

Bus parking may park at the SE corner of McMahon Stadium parking lot

Bus drivers should plan to park off site on Saturday as it is a Stampeder's game day so we will have very limited parking available. They should plan to drop off and pick up only.

[FOOTHILLS ATHLETIC PARKING MAP](#)

## 24. CHAMPIONSHIP HOTELS

Hotels are the responsibility of teams to book and pay for. Hotels are on a first-come basis for booking reserved rooms. These rates are for event participants (teams and supervisors) only. Any rooms booked for non-athletes/teams are at regular hotel rates. Parents and spectators should NOT be using the block bookings to make their own reservations.

**SANDMAN CALGARY WEST:** ASAA Sponsored Hotel (10m away from venue)

- Address: 125 Bowridge Dr NW, Calgary
- Phone: 403-202-6502
- Email: sales\_calwest@sandman.ca
- Start Date: Friday, June 6 / End Date: Saturday, June 7
- Release Date: Saturday, May 10

**DELTA HOTELS CALGARY SOUTH:** ASAA Sponsored Hotel (20m away from venue)

- Address: 136 Southland Dr SE, Calgary
- Phone: 403-225-5832
- Website: [Book your group rate for ASAA Track and Field June 2025](#)
- Start Date: Friday, June 6 / End Date: Saturday, June 7
- Release Date: Thursday, May 8

## 25. Site Map

[FOOTHILLS ATHLETIC PARK SITE MAP](#)

## 26. EMERGENCY ACTION PLAN

### **Emergency Action Plan - ASAA Provincial Track & Field Championships June 6-7, 2025 at Foothills Athletic Park**

Please follow and respect the policies and procedures of this Emergency Action Plan (EAP).

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the athletes in emergency and/or life threatening conditions. If a serious injury occurs, time becomes critical. Subsequently, the implementation of this EAP must be adhered to when in an emergency situation. A laminated copy of this EAP will be at the medical tent, the AT Tent, Results area, and Results shed.

#### **IN CHARGE PERSONS (FRIDAY and SATURDAY):**

**FIRST AID Charge Person – Kim Cousins - 403-461-2673**

**FIRST AID Call Person - Shauna Vaughan - 403-443-1454**

These pre-designated individuals will be responsible for managing and coordinating the emergency situation. One of these people (**along with the onsite Athletic Staff attending to the emergency**) will activate the Emergency Action Plan when deemed necessary.

## Location: Foothills Athletic Park, 2424 University Drive NW, Calgary AB

For major injuries follow all procedures below. For emergencies that do not require an ambulance proceed to step 2

## EMERGENCY PHONE NUMBERS

FIRE DEPARTMENT: 911

AMBULANCE: 911

POLICE: 911

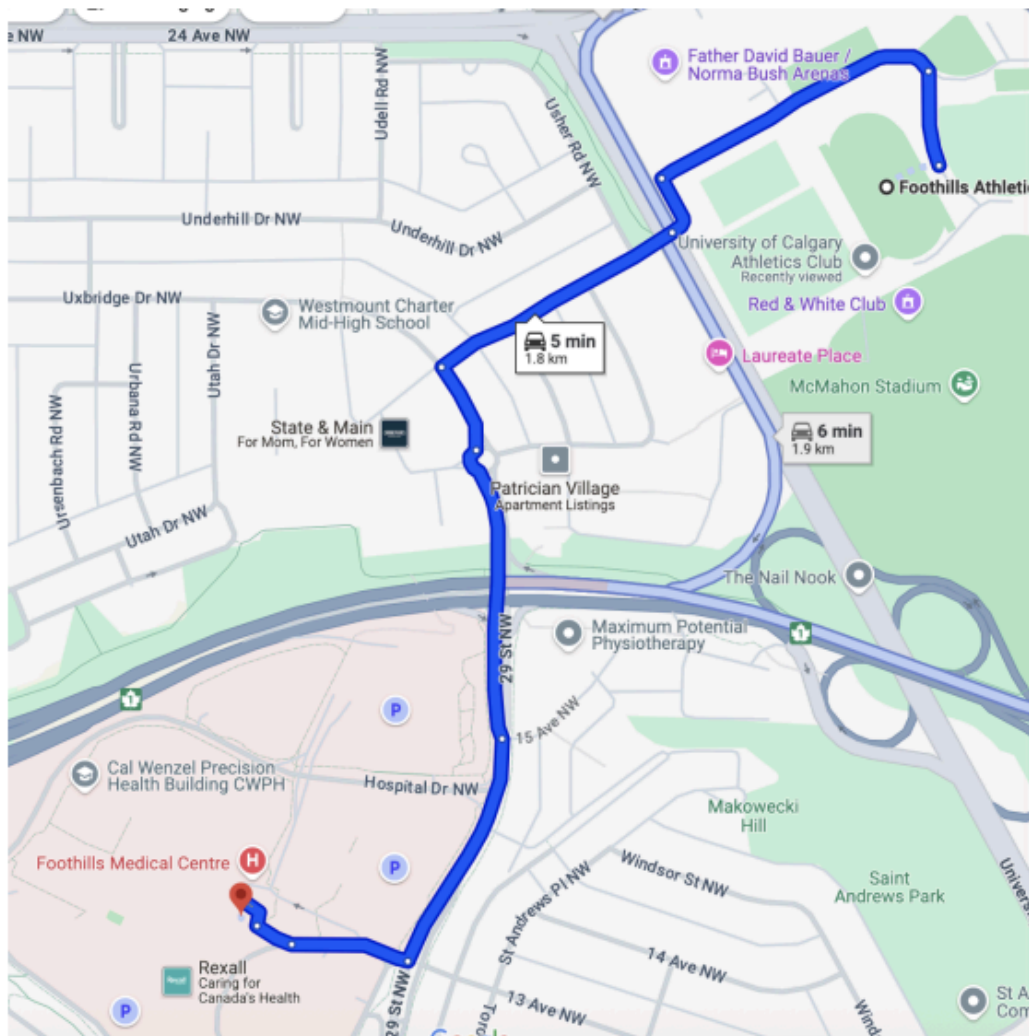
### Foothills Athletic Park

2431 Crowchild Trail NW, Calgary, AB T2N 4L6

- Take Unwin Rd NW to 29 St NW
- Continue onto 29 St NW
- Continue on Hospital Dr NW to your destination

### Foothills Medical Centre Emergency Dept

1403 29 St NW, Calgary, AB T2N



## Emergency Location – Foothills Hospital

1. Call emergency services if needed:
  - a. Which emergency service is needed
  - b. Describe the incident
  - c. Location: Foothills Athletic Park, 2424 University Drive NW Calgary
  - d. Call contact below to meet ambulance and bring onsite medic to your location
  - e. Send somebody to meet them at south end of track
  - f. Clear a path for Emergency vehicles
2. Call Emergency Contact at Foothills Athletic Park  
The people below will locate onsite medic and bring them to your location  
First Aid Coordinator: Kim Cousins                      403-461-2673  
Provincial Chair: Shauna Vaughn                      403-443-1454
3. In case of evacuation:
  - a. Follow all instructions from emergency personnel.
  - b. If no Emergency personnel:
    - i. Move all participants and spectators to the northwest corner of McMahon Stadium in the concourse area
    - Wait for instructions from emergency personnel or meet coordinators.

## MEDICAL SERVICES ON-SITE:

### MP Sport Therapy

Certified Athletic Therapists from MP Sport Therapy will be on-site for each of the two days and stationed at the Medical Station. An Athletic Therapist will be stationed near the 100m Finish Line. The Athletic Therapist will provide EMERGENCY services; they are not there to tape athletic injuries.

- If an ambulance and paramedic are required (non-life threatening), the Paramedic will be contacted by radio to assist with EAP implementation. The medic will call 911, if required, and communicate with Ken Rose (403-809-8615) to have the staff meet the ambulance to direct them to the correct area of the park.
- After the 911 call is initiated, the coach/AT/medic will stay on the phone with emergency dispatch. The coach/AT/medic at the field MUST call Ken Rose (403-809-8615) to have staff meet the ambulance to direct the EMS staff where to go.
- The Athletic Therapist will take control of an emergency situation until a medical authority arrives.
- The Meet Director will determine when it is safe to resume participation

## Emergency Telephone Numbers and Addresses:

**Emergency:** 911

**Foothills Hospital:** 1403 29 St NW, Calgary, AB T2N 2T9 (403-944-1110)

**Rockyview General Hospital:** 7007 14 St SW, Calgary, AB T2V 1P9 (403-943-3000)

**Alberta Children's Hospital:** 2888 Shaganappi Trail NW, Calgary, AB T3B 6A8 (403-955-7211)