

## Emergency Action Plan:

Our facility has Emergency Exit Signs in all spaces. In the unlikely event of a fire or other emergency please use the nearest exit. Upon exiting the building, all coaches are responsible to ensure their team members are kept in a group and need to report any athletes unaccounted for to a member of the organizing committee. The muster point is Hawk Field (Football Field).

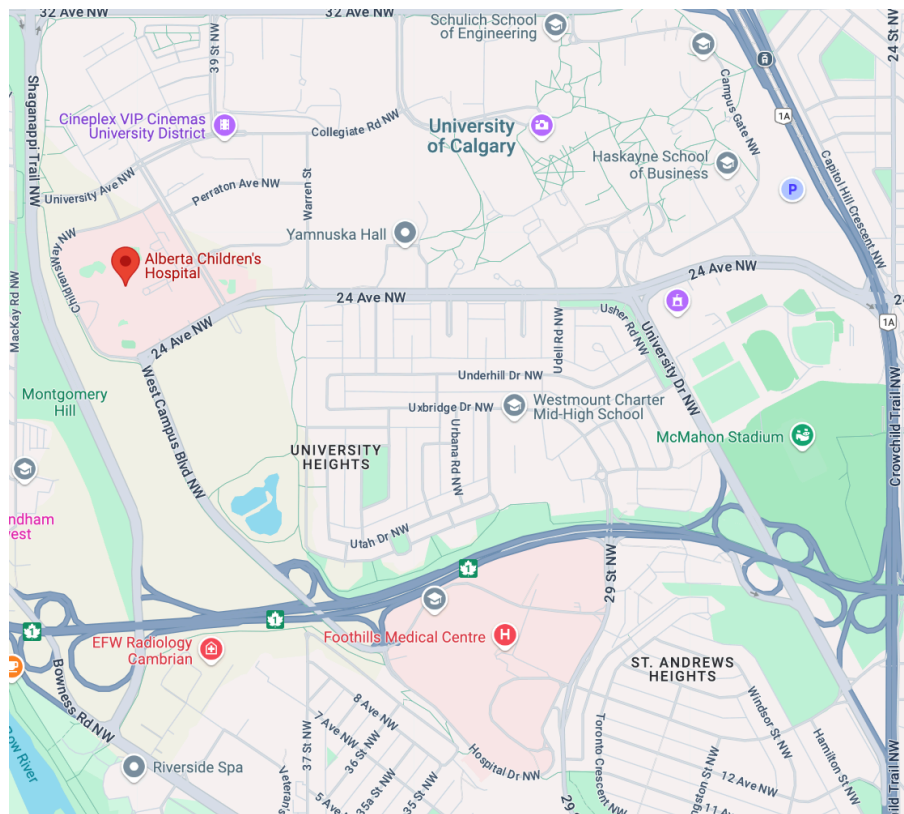
## Emergency Action Plan Details:

### For Emergencies Dial 911

**Alberta Children's Hospital:**  
28 Oki Dr, Calgary, AB T3B 6A8

**Foothills Medical Centre:**  
1403 29 St NW, Calgary, AB  
T2N 2T9

1. First aid kits can be found at the score table.
2. Ice is located in the Main Gym Equipment Room.
3.
  - a. AED is located outside the AUX Gym at RC Jr./Sr. High.
4. Cell phone at the score table with Game Director.  
Landline in P.E. Offices.
5. Phone numbers: Ambulance 9-1-1.
6. The emergency crew enters the Main North doors at Rundle College Jr. Sr. High and the East Main doors at Primary/Elementary



### **When an Injury Occurs:**

1. Take control of the situation. Exercise universal precautions related to blood/body fluids.
2. Do not move the athlete if they cannot move themselves. Do not remove the uniform unless deemed necessary.
3. Assess and evaluate the severity of the situation and decide if further assistance is required.
4. If an ambulance is required; then determine the action required to remove the athlete from the playing surface.
5. If an ambulance is called: Direct one person to call the ambulance and give the pertinent information to them. Include the location, address, and extent of injury.
6. Ask the person to report back with an ETA.
7. Remain with injured athlete and address any concerns they have while awaiting medical attention.
8. Do not give food or drink to an injured athlete unless required because of existing medical conditions.
9. Stay calm and reassuring.
10. Once an ambulance arrives, explain the situation and what has been done for the injured athlete.
11. Designate an adult to accompany the injured athlete to the hospital.
12. Parents /guardians of the injured athlete must be contacted as soon as possible following the injury