

Emergency Action Plan

Event: ASAA Cross Country Running Provincial Championships

Date: October 19, 2024

Location: Wapiti Nordic Ski Club, Range Rd 62, Grande Prairie, AB T8W 5C2

Event Chairs: Chris Nelissen coachchris.wolvesathletics@gmail.com

Louis Chabot louis.chabot@gppsd.ab.ca

Grande Prairie Fire Department: 780-532-9727

Grande Prairie RCMP: (780) 830-5701

Paramedic on Site: **St. John's Ambulance**

MEDICAL

- There will be one(1) paramedic on site and they will have the necessary medical first aid equipment and supplies.
- The paramedic will be stationed at the tent near the finish line, south of the Chalet and will be contactable via cell phone or two-way radio.
- First aid will be administered as required.
- 911 will be initiated when needed.

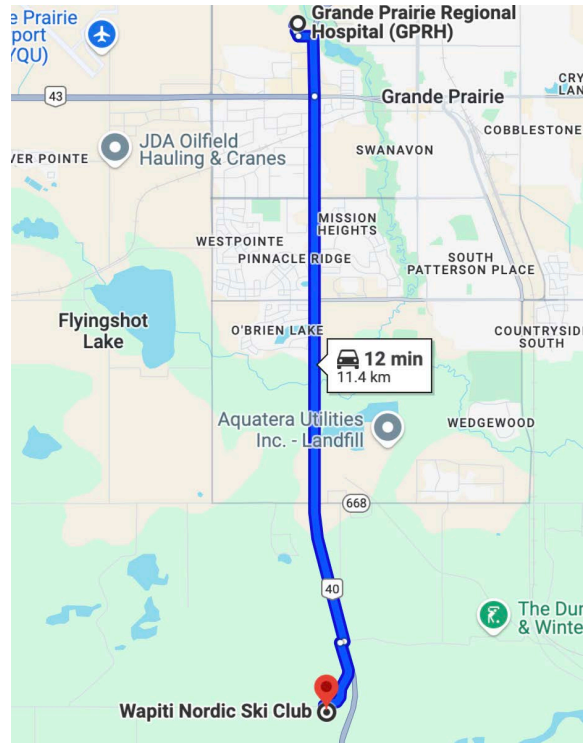
PERSONAL SAFETY

- If a person in attendance presents a danger to the event, athletes or others, 911 (*Grande Prairie Police or RCMP*) will be called to remove them from the premises.

NEAREST MEDICAL FACILITIES

- Grande Prairie Regional Hospital, 11205 110 St, Grande Prairie, AB T8V 4B1
- Phone: (825) 412-4000
- 12 min (11.4 km) via AB-40 S
- From the center, return to Highway 40 and head north. Past Northwest Polytechnique you will see the hospital to your left. Turn west onto 112 avenue and then north onto 110th street.

Map to Grande Prairie Regional Hospital , 11205 110 St, Grande Prairie, AB T8V 4B1



Muster Point



Task Hazard Assessment

Hazard	Cause	Mitigation
Injury from running or spectator	Sprained or broken ankle while running Spectator injury	Paramedic on Site: St. John's
Personal Illness	Asthma	Contact Paramedic
Personal Illness	Cardiac event	Contact Paramedic
Inclement Weather	High Winds, lightning, tornadoes, heavy hail, extreme heat. Equipment that could blow over (i.e. Tents)	Secure equipment, Gather at muster point
Dehydration	Not enough intake of water	Paramedic Station will be stocked with bottled water for use in an emergency
Fire	Lightning, cigarettes	Fire extinguisher on site at clubhouse, notify County of GP #1 Dunes Department